YES, I WOULD LIKE **MORE INFORMATION** ON TWINING VILLAGE

Please cut along the dotted line and return to: Twining Village Attn: Marketing 280 Middle Holland Road Holland, PA 18966

I am interested in:

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- ☐ Receiving an informational packet in the mail
- ☐ Receiving a phone call to answer some of my questions

☐ Receiving an e-mail with more information
Name:
Address:
City:
State: Zip Code:
Phone: Cell:
E-mail Address:

The Twining Village marketing department works in close association with future residents, their adult children, real estate agents, movers, auctioneers, decorators, and bankers as requested and appropriate to make residents' move as stress-free as possible.

Independent Living Homes Personal Care Nursing & Rehabilitative Care VA Benefits Assistance Service





www.diakon.org/TwiningVillage 280 Middle Holland Road Holland, PA 18966

Experience the fun at Twining Village!

The independent living lifestyle at Twining Village offers a diverse social calendar with numerous events and activities to suit every taste.

Our cultural, recreational and social programs include movies, games, educational seminars, clubs and organizations, parties, holiday celebrations, organized outings, worship services, Bible studies and more.

HERE ARE JUST A FEW EXAMPLES OF WHAT'S HAPPENING AT TWINING VILLAGE THESE DAYS:

- Dec. 3: Benefits of a Massage with Massage Envy.
- Dec. 12, 3 to 4 p.m.: Smart Seniors program Anxiety & Depression with guest speaker Dr. Buxbaum.
- Dec. 16, 2 p.m.: Holiday Baking with Chef Andy.
- Dec. 9, 10 a.m. and 2 p.m.: Winter Wonderland Holiday Tour of Homes with warm winter cocktails.
- Feb. 10, 2 p.m.: Tours of Twining Village homes
- **February**, **TBD**: Smart Seniors program Heart disease awareness
- March, TBD: Smart Seniors program Dementia whisperer



Come experience the Twining Village lifestyle for yourself. Enjoy our cuisine, learn and celebrate! For more information, call (215) 396-7236.

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Fall 2014 ilestyles Twining Village

New two-bedroom apartments offer maintenance-free living

Exciting changes are happening to senior living accommodations at Twining Village. We're adding luxurious new features to many of our residences, including new two-bedroom apartment homes. Our newest model, the Washington, comes in four different floor plans to meet your specific needs.

Inspired by a casual, comfortable way of life, all of our well-crafted apartments feature wall-to-wall carpeting or hardwood floors, a fully equipped electric kitchen, a patio or balcony overlooking

peaceful surroundings, In this issue... generous closet space, individually Note from our Executive controlled Director Amy Bowen heat and air conditioning, Twining Village is the new gardening and an face of retirement and emergency-call system. Pets are health care

Sandy Martini's little patch of

paradise at Twining Village

Experience the fun at

Twining Village

Each of our floor plans provides its own

welcome as well

WASHINGTON FLOOR PLANS TWO-BEDROOM, TWO-BATH UNIT B

distinct advantages so you can select the home that matches your lifestyle, tastes and design preferences.

continued inside





From Our Executive Director Twining Village as a community hub

As the new executive director of Twining Village, I'd like to thank our wonderful residents and staff members for their warm welcome and good wishes. I'm thrilled to have joined such a vital community and I look forward to being part of your extended family for many years to come.

Having worked in the senior living industry for nearly two decades, I know how it important it is for a community such as Twining Village to be an integral part of the surrounding area. With that in mind, I plan in the coming months to reach out to nearby churches and offer our services as an educational resource.

Let's face it—health care can be a tricky business to navigate at times -- particularly as we age—so we'd like to become a "community hub" for the area's older population.

For example, by offering seminars at local congregations or right here on our campus, Twining Village can help to educate people about their insurance options, recent changes in Medicare, elder law, short- and long-term rehabilitation, independent living, and managed care.

We also can help to walk you through the process, tell you what questions to ask, make recommendations, and counsel you on what to look for when the time comes to tour senior living communities. Additionally,



Twining Village can act as the "go-to" resource for the adult children of older individuals, especially when they're faced with difficult decisions.

Getting the answers you need can be confusing and stressful, especially when there's so much information out there. Whether you ultimately decide to make use of our other services, we'd still like to be a resource you can turn to for guidance and help to allay your concerns.

> - Amy Bowen **Executive Director**

We hope you'll come discover what we're all about.

Sonia Martini's little patch of paradise at Twining Village

ne of Sonia Martini's favorite things to do before moving to Twining Village a year ago was gardening. She had three-quarters of an acre that she filled with flowers, shrubs, trees and groundcover.

"It was huge and I absolutely loved it," she says. "But I got to the point where I couldn't do many of the things I used to—getting up and down, trying to keep the area manicured and trimmed. I wound up having other people come in and help."

She was keen to continue her hobby when she moved to Twining Village, so she drew up a plan, got permission from administration and help from maintenance staff, and established what is today a "much more manageable" garden behind her apartment.

Sonia walks proudly among the rose bushes, wildflowers and small trees she's planted, explaining what they are, when they bloom and how much sunlight they like.

"Everyone seems to like my moonflowers," she says. "They bloom late in the afternoon and go back inside early in the morning. And the leaves are gorgeous."

As she points out her hollies, azalea bushes and hostas, she explains that she was able to use old stones from renovation projects at Twining Village to create a new patio. She also used some rocks from a nearby



stream to decorate her little patch of paradise.

Sonia's husband Joseph, helps her to maintain the garden, but he quickly jokes that all he does is follow his wife's

directions. "She's the expert," he laughs.

"We have some beautiful gardens here at Twining Village," says Sonia. "And I'm glad that mine happens to be one of them.



Maintenance-Free Living continued from page 1

FOLD

Perhaps best of all, our apartment homes promise a maintenance-free lifestyle. Just think—no more mowing the lawn, no more shoveling snow, and no more housing repairs.

At Twining Village, we make it easy for you to pursue new adventures while residing in a retreat of comfort and convenience.

A lot of people are interested in the Washington model, so please contact us to visit Twining Village today.



Twining Village is the new face of retirement and health care



This isn't your grandmother's "old folks' home."

Tears ago, when older adults moved to I retirement communities, they accepted them as-is. The facilities were simply the way they were, and residents were expected to be fine with them.

At Twining Village, however, we're setting a standard by offering well-informed older adults what they really want in a community.

And what do they want?

They want an environment that's similar to what they're used to. They want vitality. They want

medical needs to be met as necessary. They want a connection with their neighbors. And they want emotional and spiritual support.

Twining Village has all of these and more.

Our wellness programs are a prime example of what we do best. From healthy living seminars to fitness classes and numerous other opportunities for staying active, we're always looking for fun and interesting ways to promote a vibrant, healthy lifestyle.

And when you need medical care, we've got you covered. Our on-site services are top-notch, whether you require a primary care physician, a short stay in rehab or long-term personal care. We're also working every day to expand our services so that residents can stay right here on campus rather than having to travel to follow-up

It's that kind of reliability—that peace of mind that today's older population seeks.

At Twining Village, we're dedicated to providing the services you need 24 hours a day, every day.

> Schedule a visit soon and see for yourself!